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# Fall Protection EM385 Competent Person

## Course Description

Protecting workers at-height is a challenging task and is dependent on particular job site situations and individual worker duties. There are many fall protection solutions available to workers, each having its own specific requirements. Understanding each option and proper implementation requires oversight by an experienced individual with a higher-level of knowledge and safety training.

This three-day course educates students on the various components of a worksite fall protection program and will also help develop the skills required of a Competent Person. Participants will learn course content through a combination of direct classroom instruction and multiple workshops.

Course participants are individuals who are going to be on worksites overseen by the U.S. Army Corps of Engineers and are required to adhere to the requirements of their safety program: Engineering Manual (EM) 385. The course material will provide students with an engaging and enjoyable learning environment.

To learn more about our courses and to register, visit or contact us at:

Website: [SafetyTraining.3M.com](http://SafetyTraining.3M.com)  
Email: [safetytraining@mmm.com](mailto:safetytraining@mmm.com)  
Phone: 1-888-FALLPRO (888-325-5776)

Note: These courses are intended to address the generalities of fall protection best practices and to complement worksite-specific programs. Always consult and follow all applicable laws and regulations and your worksite-specific fall protection program.

**Duration: 24-Hour Program**

**Course Code: 6438**

## Course Overview

- Fall hazard identification
- Fundamentals of working at height
- Fall protection oversight
- Worksite programs
- Passive systems
- Administrative controls
- Fall protection planning
- Fall arrest system components
- Positioning systems
- Equipment care
- Rescue overview
- System analysis
- Fall protection planning
- Technical FAQs
- EM385 fall protection requirements